



RAINBOW SPAGHETTI

What You Will Need:

- Cooked spaghetti (or any type of pasta)
- Ziplock bags
- Food colouring
- Vegetable oil
- A large tub or container

What To Do:

1. Rinse cooked pasta with cold water then drain the excess water.
2. Divide pasta into various ziplock bags - one bag for each colour of pasta you wish to make.
3. Add a few drops of food colouring to each ziplock bag together with a few drops of vegetable oil. The oil helps to coat the pasta in colour and prevents the pasta from sticking together.
4. Seal the ziplock bags and shake the bags to mix the food colouring with the pasta.
5. Once each bag of pasta has been completely coloured, open the bags and let the pasta sit for 10 to 15 minutes for the colour to be fully absorbed into the pasta.
6. Rinse the pasta in cold water to remove any excess food colouring. Drain the excess water.
7. Place the coloured pasta in a large tub and have fun playing! Can use hands, tongs, scoops, bowls, etc for slimey slippery sensory fun!

Thank you to Base Camp Kids
for this months fun activity!

