

24<sup>th</sup> November 2015

## GI determination result

In October - November 2015, the Sydney University Glycemic Index Research Service (SUGiRS) conducted a study to determine the glycemic index (GI) value of one beverage powder product in healthy adults. The study was conducted on a contractual basis for Australian Dairy Park Pty Ltd and the testing followed the International Standard methodology for the determination of the glycemic index (GI) of foods (ISO/FDIS 26642:2010). The Oz Farm Healthcare Aged Care Formula prepared with water produced an average GI value of 40 (low GI). Foods and beverages with a GI value of 55 or under are currently classified as low GI products. The full details of the research study are included in the Glycemic Index Research Report #1564.

Yours sincerely



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